



## This Menu may be subject to slight change dependent on produce and availability.

Children's individual Dietary Requirements will also be catered for and can be substituted for the below. The Nursery Manager will produce you a copy of the Menu to suit your child's individual Dietary Requirement.

| Autumn / Winter<br>Week 1                         | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |  |  |
|---|---|--|--|--|--|--|--|
| Breakfast   | Toast, Cereal, Yoghurt and a<br>Variety of Fruit                    | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit     | Toast, Cereal, Yoghurt and a<br>Variety of Fruit | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit | Toast, Cereal, Yoghurt and a<br>Variety of Fruit |  |  |
| Mid-morning<br>Snack                              | Cucumber Sticks with a<br>Sour Cream and Chive Dip                  | Fromage Frais Pots                                   | Strawberry Yoghurt                               | Fruit Salad                                      | Cream Crackers<br>with Cream Cheese              |  |  |
|   | Milk or Water   | Milk or Water  | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    |  |  |
| Lunch<br>& Desert                                 | Cowboy Pie (pork sausage)<br>topped with Cheese Mash &<br>Sweetcorn | Mild Beef Chilli Pasta Bake<br>Tortilla Chips & Peas | Jacket Potato with<br>Cheese & Beans             | Cheese Pizza<br>with Garlic Bread                | Fish Finger & Chips                              |  |  |
|   | Iced Topped Fairy Cake<br>Seasonal Fruit or Yoghurt                 | Strawberry Jelly<br>Seasonal Fruit or Yoghurt        | Peaches<br>Seasonal Fruit or Yoghurt             | Yoghurt<br>or Seasonal Fruit                     | Ice Cream Pot<br>Seasonal Fruit or Yoghurt       |  |  |
| Mid-afternoon<br>Snack                            | Tea Cake  | Croissant  | Pitta Bread with a Sour<br>Cream and Chive Dip   | Cucumber Sticks with<br>Houmous                  | Yoghurt  |  |  |
|   | Milk or Water   | Milk or Water  | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    |  |  |
| Afternoon Tea<br>& Desert                         | Tomato & Sweetcorn Pasta  | Jacket Potato with a filler<br>selection             | Broccoli & Sweet Potato Bake                     | Pasta  | Chicken Nuggets<br>Cucumber & Tomato             |  |  |
|   | Yoghurt or<br>Fruit   | Jelly or Fruit                                       | Yoghurt or Fruit                                 | Fruit Salad                                      | Cupcake or<br>Fruit                              |  |  |
| Fresh drinking water available throughout the day |   |  |  |  |  |  |  |

Alternative menu choices of Shepherd's Pie, Spaghetti Bolognese, Fish Pie, Vegetable hot pot etc. are always available and can be adapted for the youngest members of our Nursery





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| Autumn / Winter<br>Week 2                         | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |  |  |
|---|--|--|--|--|--|--|--|
| Breakfast   | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit | Toast, Cereal, Yoghurt and a<br>Variety of Fruit   | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit | Toast, Cereal, Yoghurt and a<br>Variety of Fruit | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit |  |  |
| Mid-morning<br>Snack                              | Pitta Bread with Houmous                         | Yoghurt  | Breadsticks with a<br>Tuna and Mayonnaise Dip    | Soreen Bar                                       | Banana   |  |  |
|   | Milk or Water                                    | Milk or Water                                      | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    |  |  |
| Lunch<br>& Desert                                 | Beef Bolognese                                   | Chicken Korma with rice                            | Fish Fingers, Potato Puffs<br>and Baked Beans    | Cheese Pizza with<br>Garlic Bread                | Pork Sausages & Chips                            |  |  |
|   | Sponge Bar<br>Seasonal Fruit or Yoghurt          | Angel Delight<br>Seasonal Fruit or Yoghurt         | Cup Cake<br>Seasonal Fruit or Yoghurt            | Fruit Salad<br>Seasonal Fruit or Yoghurt         | Yoghurt<br>or Seasonal Fruit                     |  |  |
| Mid-afternoon<br>Snack                            | Breadsticks and Carrot<br>Sticks                 | Cucumber Sticks with a<br>Sour Cream and Chive Dip | Crackers with Cream Cheese                       | Pitta with a<br>Tuna and Mayonnaise Dip          | Sultana and Raisin Slice                         |  |  |
|   | Milk or Water                                    | Milk or Water                                      | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    |  |  |
| Afternoon Tea<br>& Desert                         | Jacket Potato<br>with Cheese and Beans           | Veggie Korma<br>with Naan Bread                    | Tomato Pasta                                     | Jacket Potato<br>with Tuna Mayo                  | Chicken Nuggets with Carrots<br>and Cucumber     |  |  |
|   | Fromage Frais                                    | Angel Delight                                      | Fruit Salad                                      | Yoghurt  | Sponge Bar                                       |  |  |
| Fresh drinking water available throughout the day |  |  |  |  |  |  |  |

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| Autumn / Winter<br>Week 3                         | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |  |
|---|---|--|--|--|--|--|
| Breakfast   | Toast, Cereal, Yoghurt and a<br>Variety of Fruit      | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit | Toast, Cereal, Yoghurt and a<br>Variety of Fruit | Bagel, Cereal, Yoghurt and a<br>Variety of Fruit | Toast, Cereal, Yoghurt and a<br>Variety of Fruit   |  |
| Mid-morning<br>Snack                              | Banana  | Breadsticks                                      | Cucumber Sticks & Tuna and<br>Mayonnaise Dip     | Yoghurt  | Pitta bread and chive dip                          |  |
|   | Milk or Water   | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    | Milk or Water                                      |  |
| Lunch<br>& Desert                                 | Pork Sausage Roll with Baked<br>Beans or Sweetcorn    | Beef Shepherd's Pie with<br>Mixed Vegetables     | BBQ Chicken with Rice and<br>Sweetcorn           | Cheese Pizza with Garlic<br>Bread                | Fish Portion & Chips                               |  |
|   | Cupcake<br>Seasonal Fruit or Yoghurt                  | Jelly<br>Seasonal Fruit or Yoghurt               | Fruit salad<br>Seasonal Fruit or Yoghurt         | Banana and Custard<br>Seasonal Fruit or Yoghurt  | Fruit Bar<br>Seasonal Fruit or Yoghurt             |  |
| Mid-afternoon<br>Snack                            | Garlic Coriander Naan with a<br>Tuna & Mayonnaise Dip | Crackers with Humus                              | Tea Cake   | Sultana and Raisin Slice                         | Cucumber Sticks with a<br>Sour Cream and Chive Dip |  |
|   | Milk or Water   | Milk or Water                                    | Milk or Water                                    | Milk or Water                                    | Milk or Water                                      |  |
| Afternoon Tea<br>& Desert                         | Jacket Potato<br>with Cheese and Beans                | Hot Crumpets<br>with Cheese Spread               | Cheesy Peasy Pasta                               | Veggie Fingers<br>with Sweetcorn and Peas        | Chicken Nuggets with<br>Cucumber and Carrot Sticks |  |
|   | Peach Yoghurt   | Angel Delight                                    | Peaches  | Pain Au Chocolate                                | Strawberry Yoghurt                                 |  |
| Fresh drinking water available throughout the day |   |  |  |  |  |  |

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